

Big Spring Middle School
Physical Education Guidelines and Grading

Mrs. Kuntz - Mr. Deutsch - Mrs. Reisinger

Clothing and Safety Items

1. The student will change and wear the designated Big Spring P.E. uniform.
2. If the student doesn't have all or part of their clothing, the student will lose grading points.
3. Students that have the P.E. shirt and short combo are permitted to wear a non-school sweatshirt or sweatpants if they get cold.
4. If a student doesn't like to wear shorts, they can order and wear Big Spring sweatpants instead.
5. Sneakers only. Boots, flip-flops, sandals, slides, or clogs are not allowed due to safety.
6. Jewelry or Valuables should not be brought to the locker room or gym area.
7. Chewing on or eating anything is not permitted in our class.
8. Parents are encouraged to discuss proper hygiene with their student.

Excuses for Class

1. If the student is injured/sick and cannot participate for a class, then a parent note can be used for an excuse. After a student has **three parent excuses**, then a doctor's excuse will be required.
***** Students that do not have an excuse will be expected to participate. *****
2. If a student has been medically excused from class, to be able to participate again, the student will need a doctor's excuse stating that the student can return.
3. Chronic medical conditions can be discussed with the nurse and/or the physical education teachers so that we can correctly modify the activities toward the student's needs.
4. Any student that gets sick or hurt during class should tell the teacher immediately.

Basic Rules to Follow

- R = Right to learn
- E = Effort (try your best to progress)
- S = Safety (for you and every person in the gym)
- P = Purpose (stay focused on what we are doing and why we are here)
- E = Enthusiasm and Energy
- C = Challenge yourself every day
- T = Team building

Parent Concerns

Parents, if you have specific concerns about your student that you want to discuss with us, please email or call so that we can understand what the concern is.

Medical Concerns that we should be aware of:

Student's Name: _____

BSMS Physical Education Grading

The student's physical education grade will be based and figured on the following criteria:

- 1.) Dress (bringing clothes and being prepared for class)
- 2.) Participation (effort, teamwork, and attitude)
- 3.) General skills tests and/or observation
- 4.) Basic written quizzes about the subject area

All students have the ability to do well in physical education class if they are prepared, try their best, and contribute positively to class.

For the Parent/Guardian and Student

We read the student's Physical Education Rules and Grading information. We understand it is the student's responsibility to follow the guidelines for the benefit of the student's personal health and wellness. We understand the guidelines are established to provide a safe and cleaner environment for every student to learn. Students that do not abide by the guidelines will be disciplined or his/her grade will be deducted. We are aware that we may contact my student's teacher if we have a question or concern.

Parent/Guardian Signature

Date

Home Phone

Cell Phone

Student Signature

Date

****Return this paper signed and receive 10 points for the 1st class.****